Hasil Analisis SPSS Penelitian

Uji Normalitas

| **One-Sample Kolmogorov-Smirnov Test** | | |
| --- | --- | --- |
|  | | Unstandardized Residual |
| N | | 265 |
| Normal Parametersa,b | Mean | .0000000 |
| Std. Deviation | 2.10129824 |
| Most Extreme Differences | Absolute | .066 |
| Positive | .040 |
| Negative | -.066 |
| Kolmogorov-Smirnov Z | | 1.072 |
| Asymp. Sig. (2-tailed) | | .200 |
| a. Test distribution is Normal. | | |
| b. Calculated from data. | | |

Uji Linieritas

| **ANOVA Table** | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | | Sum of Squares | df | Mean Square | F | Sig. |
| Stres Akademik \* Regulasi Emosi | Between Groups | (Combined) | 7962.089 | 38 | 209.529 | 50.632 | .000 |
| Linearity | 7731.663 | 1 | 7731.663 | 1868.321 | .000 |
| Deviation from Linearity | 230.425 | 37 | 6.228 | 1.505 | .039 |
| Within Groups | | 935.255 | 226 | 4.138 |  |  |
| Total | | 8897.343 | 264 |  |  |  |

Uji Hipotesis

| **Correlations** | | | | |
| --- | --- | --- | --- | --- |
|  | | | Regulasi Emosi | Stres Akademik |
| Spearman's rho | Regulasi Emosi | Correlation Coefficient | 1.000 | -.930\*\* |
| Sig. (2-tailed) | . | .000 |
| N | 265 | 265 |
| Stres Akademik | Correlation Coefficient | -.930\*\* | 1.000 |
| Sig. (2-tailed) | .000 | . |
| N | 265 | 265 |
| \*\*. Correlation is significant at the 0.01 level (2-tailed). | | | | |

R Square

| **Model Summaryb** | | | | | |
| --- | --- | --- | --- | --- | --- |
| Model | | R | R Square | Adjusted R Square | Std. Error of the Estimate |
| dimension0 | 1 | .932a | .869 | .868 | 2.105 |
| a. Predictors: (Constant), Regulasi Emosi | | | | | |
| b. Dependent Variable: Stres Akademik | | | | | |

Kategorisasi

| **Descriptive Statistics** | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | N | Range | Minimum | Maximum | Mean | Std. Deviation | Variance |
| Regulasi Emosi | 265 | 51 | 49 | 100 | 80.36 | 8.272 | 68.429 |
| Stres Akademik | 265 | 36 | 21 | 57 | 34.44 | 5.805 | 33.702 |
| Valid N (listwise) | 265 |  |  |  |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Kategori** | **Norma** | **Skor** | |
| **Regulasi Emosi** | ***Stres Akademik*** |
| Rendah | X < M – 1SD | ≤ 72 | ≤ 28 |
| Sedang | M – 1SD ≤ X < M + 1SD | 73 – 88 | 29 – 40 |
| Tinggi | M + 1SD ≤ X | ≥ 88 | ≥ 40 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Kategori | Skor Subjek | | | |
| **Regulasi Emosi** | | ***Stres Akademik*** | |
| ∑ | % | ∑ | % |
| Rendah | 42 | 16% | 46 | 17% |
| Sedang | 181 | 68% | 182 | 69% |
| Tinggi | 42 | 16% | 37 | 14% |
| Jumlah | 265 | 100 % | 265 | 100 % |